



HIGHLANDS
NEXT GEN MINISTRIES

ELEMENTARY SUMMER CAMP INFORMATION

JULY 7–JULY 11, 2025 | LAKE RETREAT CAMP

Summer camp is all about helping kids experience spiritual encouragement and growth. Kids will build lasting friendships & grow in their relationships with God through worship, teaching & lots of fun along the way.

DETAILS

COST & REGISTRATION

\$475

LOCATION

Elementary Camp is held at Lake Retreat Camp in Ravensdale, WA.

TRAVEL PLANS

Kids will travel by bus to summer camp. Please arrive on Monday, July 7, at 2:30 pm in the HCC Family Life Center to check in. We'll return to the HCC Renton lower parking lot around 10:15 am on Friday, July 11. Please be prompt in picking up your camper; your camper will be excited to see you!

EMERGENCY CONTACT

In the event of an emergency, you can reach the Highlands Kids Ministries staff at 206-940-9257.

HIGHLANDS INFO

3031 NE 10th Street
Renton, WA 98056
425.255.4751

MAIL AT CAMP

Be sure to write to your camper. Containers will be provided at Monday afternoon check in where you can deposit mail and/or care packages (saving postage). We will make sure it is delivered to your child on the day you designate (Tues–Thurs). Don't highlight big events your child is missing. Let your child know you love him/her, and can't wait to hear about all the fun at camp and what he or she has learned.

PACKING LIST

WHAT TO BRING

- ☐ Cinch bag for Bible, pen and notebook
- ☐ Sleeping bag and pillow (labeled)
- ☐ Labeled plastic bag for laundry
- ☐ Personal items (brush/comb, toothbrush, toothpaste, soap, etc.)
- ☐ Swim and shower towels
- ☐ Modest swimsuit (one-piece for girls)
- ☐ Change of clothes for each day
- ☐ Long pants
- ☐ Sweatshirt or jacket
- ☐ Flip flops/water shoes
- ☐ Tennis shoes or at least 1 pair of closed toe shoes for some activities
- ☐ Flashlight
- ☐ Insect repellent
- ☐ Sunscreen
- ☐ Labeled water bottle
- ☐ Disposable camera (optional)
- ☐ Snack shack money - \$10 is plenty

Please label everything with his/her name, even the pillow, sleeping bag (in a plastic garbage bag) and duffel bag or suitcase. Please make sure your camper knows what his/her belongings look like before drop off.

*For kids with allergies, please pack their own gluten-free and dairy-free smores supplies for the campfire.

WHAT NOT TO BRING

Things that are easily broken, expensive or hard to replace items or any items for "practical jokes;" gaming systems, weapons or fireworks. These items undermine the purpose of camp and will not be allowed. We appreciate your cooperation with us in creating a fun and safe environment.

MEDICATIONS

Please check-in prescriptions, special meds, and over the counter meds at the table marked "Medical Staff" when you arrive at Highlands for check-in. All medications must be in their original containers. Parents will be asked to complete a form with instructions that correspond to the one on the containers. For safety, students will not carry their own medications so please be sure not to pack them!

CELL PHONES

We discourage sending a cell phone to camp with your child. There is limited cell reception at camp. An important purpose of our time away is for people to connect face-to-face and be removed from distractions of social media. If a child brings a phone we will ask him/her to put it away. Please note,

PREPARING YOUR CHILD FOR CAMP

We're excited that your child will be attending Highlands Elementary Summer Camp. Below are suggestions of things you can do to enhance your child's experience at camp.

LIFE LESSONS

Summer camp is an excellent place for children to establish life-long friendships, develop respect for the world God created, and practice making good decisions. They will be encouraged to learn how to live for Christ in all situations. Talk with your child

about what will happen at camp, including the spiritual emphasis of the activities and teaching. Let your child know that you are interested, and will be waiting to hear what he or she learned. Encourage your child to share any concerns or fears with you, and pray about them together.

PRAYER

Remember to pray for your child's spiritual development, his/her safety and health, the friends your child will meet at camp, the counselors, and other camp staff.

PICTURES

Photos of camp will help your camper hold onto special memories for years to come. Consider buying an inexpensive or disposable camera for your child's use.

HOMESICKNESS

It's best to avoid conversations about this possibility and not risk setting your child up for it. If homesickness becomes an issue for your child, the camp staff will help him or her through it.

SWIMMING

Swimming is a daily activity each afternoon of camp (Tuesday -Thursday). Consider having your child participate in lessons or extra swim practice between now and July. Certain lakefront sections are designated for more competent swimmers. In order to swim in the deeper parts of the lake, students will be required to take a swim test. Students who do not feel confident to pass the swim test can swim in the shallow part of the lake and utilize a water slide in this section. Please refer to the Lake Retreat website for specific waterfront expectations. Use this to

talk through what the lake time will be like for your camper.

<https://www.lakeretreat.org/waterfront-rules/>

To view the swim test expectation from Lake Retreat, visit:

vimeo.com/911697290?share=copy

WELCOME HOME

Be aware of pick up times and be prompt! It is disappointing to a child, who is excited to see you, watch other campers being greeted by family and be the only one left behind. Be prepared for your child to be a little tired and out-of-sorts. The sudden change from the excitement of camp to the home routine can be a hard transition. Provide some extra time for rest and adjustment back to "normal life." Don't forget to pick up your child's leftover medications when they return from camp.

FOLLOW UP

Listen carefully as your child shares what happened at camp. Ask questions and be interested, but don't probe. A more reserved child may need more time to open up. Good leading questions include, "Tell us about your favorite person...or your favorite activity... or your most difficult day at camp." Be interested in any decisions or commitments your child may have made at camp.

We are excited about Elementary Summer Camp and we are thrilled your son/daughter will experience it with us! We are going to have an incredible time of worship, teaching, and summer fun! Thank you for allowing your child to join us! If you have any questions, please contact our Office and we would be happy to assist you.

HCC Kids Ministries Staff
Next Gen Ministries