2026 Framework for Basketball Practices and Games

1-2nd (coed), 3rd - 6th grade Boys and Girls Basketball *Practices* – Monday thru Thursday (beginning 1/5)

5 - 6pm Practice

6 - 6:10pm Post-practice team huddle

6:15 - 7:15pm Practice

7:15 - 7:25pm Post-practice team huddle

7:30-8:30pm Practice

8:30-8:40pm Post-practice team huddle

5- 6th grade Boys Basketball *Games* – Friday (beginning 1/23)

Game #1: 5:15 - 6:30pm Game #2: 6:30 - 7:45pm Game #3: 7:45 - 9:00pm

1-2nd (coed), 3-4th boys & 3rd - 6th grade Girls Basketball Games – Saturday (beginning 1/24)

<u>1-2nd Coed</u> <u>3-4th grade boys</u>

Game #1: 8:30 - 9:45 am Game #1: 2:00 - 3:15 pm Game #2: 9:45 - 11:00 am Game #2: 3:15 - 4:30 pm Game #3: 4:30 - 5:45 pm

3-4th grade girls

Game #1: 11:30 am - 12:45 pm <u>5-6th grade girls</u>

Game #2: 12:45 - 2:00 pm Game #1: 5:45 - 7:00 pm

Game #2: 7:00 - 8:15 pm

Basketball Sizes and Hoop Heights

<u>1-2nd grade</u>: 25.5" basketball (size 4) 8' hoop

3-4th grade: 28.5" basketball (size 6) 9' hoop

5-6th grade: 28.5" basketball (size 6) 10' hoop

2026 Cheerleading Practices and Games

Girls Cheerleading (beginning 1/6)

<u>Practices:</u> One 1-hour practice per week on a weeknight (Monday – Thursday); either 5-6pm or 6:15-7:15pm based on coach availability

<u>Games:</u> One 1-hour game per week on Saturdays – beginning 1/24 between 11:30 am - 8:00pm with a possible game on a Friday night.